ANTARCTICA

West of Greenwich 0° East of Greenwich

30° 15° 15° 30° 45°

SOUTHERN OCEAN

King Haakon VII Sea

Antarctic Circle

Orcadas (Argentina)

South Orkney Islands (UK)

Novolazarevskaya (Russia)

Neumayer (Germany)

Sanave (South Africa)

Maitri (India)

Syowa (Japan)

60° 60°

Molodezhnaya (Russia)

Queen Maud Land

Enderby Land

Kemp Land

60°

South Shetland Islands (UK)

Bransfield Strait

Antarctic Peninsula

Weddell Sea

Halley (UK)

Coats Land

Prime Meridian

Palmer (US)

Larsen Ice Shelf

Belgrano II (Argentina)

Mawson (Australia)

Valkyrie Dome 3807 m

75° Mac Robertson Land 75°

Adelaide

Rothera (UK)

Berkner Ronne Ice Shelf

EAST ANTARCTICA

Amery Ice Shelf

75°

Alexander

Palmer Land

Korff Ice Rise

Henry Ice Rise

Zhongshan (China)

Progress (Russia)

Davis (Australia)

Princess Elizabeth Land

Bellingshausen Sea

Polar Plateau

Dome Argus 4030 m

INDIAN OCEAN

90°

Mt. Tyree 4852 m

Vinson Massif 4897 m

South Pole

Amundsen-Scott (US)

Kaiser Wilhelm II Land

Peter I

Ellsworth Land

WEST ANTARCTICA

Transantarctic Mountains

Hercules Dome

Geomagnetic South Pole

Mirny (Russia)

Thurston

Queen Mary Land

Antarctic Circle

Mt. Kirkpatrick 4528 m

Mt. Markham 4351 m

Vostok (Russia)

Amundsen Sea

Marie Byrd Land

Ross Ice Shelf

105° 105°

Wilkes Land

Casey (Australia)

75°

Roosevelt

Getz Ice Shelf

Scott Base (NZ)

McMurdo (US)

Ross Sea

60°

Adélie Land

120°

Victoria Land

Dumont d'Urville (France)

120°

0 500 1000 Km

0 500 Miles

LEGEND

Mountain Peak

Research Station

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135° 150° 165° 180° 165° 150° 135°

West of Greenwich International Date Line East of Greenwich